

**THE BSS SCHOOL**

**For session 2026-27**

**SUBJECT: PHYSICAL EDUCATION (6<sup>th</sup>**

**SUBJECT)**

**CLASS: IX**

**SESSION: 2026-2027**

**UNIT TEST**

**1.HUMAN ANATOMY AND PHYSIOLOGY**

**HALF YEARLY EXAMINATION:**

**THEORY (SECTION-A)**

**1 .MUSCULAR SYSTEM**

**2. RESPIRATORY SYSTEM**

**(SECTION-B)**

**GAMES:**

**1.CRICKET**

**2.FOOTBALL**

**\*INTERNAL ASSESSMENT**

**A) PHYSICAL EFFICIENCY TEST**

**B) SPECIALIZATION TEST**

**FINAL EXAMINATION:**

**THEORY :**

**SECTION-A**

**1.CIRCULATORY SYSTEM**

**2. GAMES AND SPORTS**

**SECTION-B**

**GAMES:**

**A) CRICKET**

**B) FOOTBAL**

**\*\* INTERNAL ASSESSMENT**

**A) PHYSICAL EFFICIENCY TEST**

**B) SPECIALIZATION TEST**

\*(FINAL EXAMINATION INCLUDES ENTIRE SYLLABUS AS PER ICSE  
SCOPE OF SYLLABUS)

\* SUBJECT TO CHANGES.