

**THE BSS SCHOOL**  
**SUBJECT: HOME SCIENCE**  
**CLASS X**  
**2026 - 2027**

**TEXT BOOK :** A Text Book of ICSE. For Class X.

By : Dr. Alka Agarwal, Oswal Publishers.

**UNIT TEST :**

UNIT I : HOME MANAGEMENT

- 1. Budget and savings
- 2. Space organization in the kitchen
- 3. Home furnishings

UNIT II : GROWTH AND DEVELOPMENT DURING MIDDLE CHILDHOOD.

- 4. Milestone of development

**HALF - YEARLY**

UNIT II : GROWTH AND DEVELOPMENT DURING MIDDLE CHILDHOOD

- Role of family , Peer Group and School
- Learning Disabilities in Children

UNIT III : MEAL PLANNING

- Balanced Diet
- 4. Meal planning for the Family
- 5. Storage and Preservation of Food

UNIT IV : SELECTION AND CARE OF TEXTILE AND CLOTHING

- 6. Selection of fabrics
- 7. Selection of readymade Garments
- 8. Laundering

**( Chapters of Unit Test to be included)**

**INTERNAL ASSESSMENT:** Project and Practical

**FINAL TERM**

UNIT IV : SELECTION AND CARE OF TEXTILE AND CLOTHING

- 9. Laundry Materials

UNIT V : COMMUNICATION AND EXTENSION

- 2. Social and Economic Issues in India

- 3. Role of Government Toward India
- 4. Communication Aids

(Chapters of Unit Test and Half Yearly to be included)

**Final Examination includes entire syllabus as per ICSE Scope of Syllabus**

**INTERNAL ASSESSMENT:** Project and Practical

**\*\* (Subject to change)**