

**THE BSS SCHOOL**

**SUBJECT: HOME SCIENCE**

**CLASS IX**

**2026 – 2027**

**TEXT BOOK:** A text book of Home Science - Class IX

By Dr. Alka Agarwal and Dr. Urvi Raval, Oswal Publishers.

**UNIT TEST:**

**UNIT I: Concept and Scope of Home Science**

- Concept and scope of Home Science.

**UNIT II: Food and Health**

- Food and Health.
- Nutrients and their Functions.

**HALF YEARLY**

**UNIT III: Growth and Development of Children from Birth to Five years**

- Growth and Development.
- Play and Play School – Early Child.
- Disease and Prevention.

**UNIT IV: The Home and its Maintenance**

- Colour and its Application.
- Lighting in the Home.
- Sustainable Utilisation of Fuel and Energy.
- Maintenance of Sanitation and Hygiene.
- Waste Segregation.

(Chapters of Unit Test to be included)

**Internal Assessment:** Project and Practical

**FINAL TERM:**

**UNIT V: Textile Science and Fabric Construction**

- Fibres: Properties and Uses.
- Fabric Structure.

**UNIT VI: Communication and Extension**

- Communication and Extension.

(Chapters of Unit Test and Half Yearly to be Included)

Final Examination includes entire syllabus as per ICSE Scope of Syllabus.

**Internal Assessment:** Project and Practical

**\*\* (Subject to change)**