

**THE BSS SCHOOL**

**SUBJECT:** PHYSICAL EDUCATION (6<sup>th</sup> SUBJECT).

**CLASS:** IX

**SESSION:** 2025-2026

**UNIT TEST :**

**THEORY**

1. THE HUMAN ANATOMY AND PSYCHOLOGY

**HALF YEARLY EXAMINATION :**

**SECTION-A (THEORY)**

1. THE HUMAN ANATOMY AND PSYCHOLOGY
2. MUSCULAR SYSTEM
3. RESPIRATORY SYSTEM

**SECTION-B (GAMES)**

1. CRICKET
2. FOOTBALL

**\*INTERNAL ASSESSMENT**

- a) PHYSICAL EFFICIENCY TEST
- b) SPECIALIZATION TEST.

**FINAL EXAMINATION: SECTION- A( THEORY)**

1. CIRCULATORY SYSTEM .
2. GAMES AND SPORTS .

**SECTION-B (GAMES)**

1. CRICKET

**2. FOOTBALL \*INTERNAL ASSESSMENT**

- a) PHYSICAL EFFICIENCY TEST
- b) SPECIALIZATION TEST.

(FINAL EXAMINATION INCLUDES ENTIRE SYLLABUS AS PER ICSE SCOPE OF SYLLABUS).

**\*\*SUBJECT TO CHANGES .**